

Event Descriptions

**EVENT DESCRIPTIONS AND RULES ARE SUBJECT TO CHANGE – CHECK WITH EVENT COORDINATOR.
DIVISIONS ARE SUBJECT TO CHANGE BASED UPON THE NUMBER OF PARTICIPANTS.**

NOTE: SOME AGE AND WEIGHT DIVISIONS WILL VARY FROM STANDARD CATEGORIES.

5-K MUSTER — Saturday, June 9th at 9:00 a.m. in downtown Warren at Courthouse Square. This race is open to the public, and there will be no advance registration for this event. Contact Don Hyde at dhyde454@aol.com or 330-240-3750, or Kathleen Griffith at 330-240-5721, for more information, or visit www.opaf5kmuster.com. Flyer with details for this event is available at www.TheOhioPoliceandFireGames.org.

3D ARCHERY — 2 Divisions; traditional (recurve bows) and open (compound and crossbows). The open division may be divided if enough competitors sign up. Male and Female divisions.

5-K CROSS COUNTRY RUN — 3.1 miles on rolling terrain, and will cross over an asphalt path. Male and female divisions. Age divisions: 29 and under, 30-39, 40-49, 50 and over.

10-K ROAD RACE — 6.2 miles, road course on asphalt. Male and female divisions. Age divisions: Under 30, 30-39, 40-49, 50 and over.

ARM WRESTLING — Double elimination. Referee's decision is final. Male and female divisions. Weight divisions — Male: 150 lbs. and under, 151-175 lbs., 176-200 lbs., 201-225 lbs., 226-250 lbs., 251 lbs. and over; mFemale: 125 lbs. and under, 126-150 lbs., 151-175 lbs., 176 lbs. and over.

BASKETBALL (Men's) — no age brackets. 5-person team, maximum 12 per team. N.C.A.A. rules, 20-minute halves, running clock except last two (2) minutes. Double elimination. **Each player** must be registered. This is a team sport event therefore t-shirts are not given to participants. You may order t-shirts in advance to guarantee availability of in-stock sizes. EACH PARTICIPANT MUST CHECK IN AT THE COMMAND POST PRIOR TO THE FIRST GAME.

BASKETBALL / 3-on-3 (Women's) — no age brackets. Half court game. 3-person team, maximum 6 per team. Each player must have a white shirt and a dark shirt. First team to 15 points wins. Double elimination. **Each player** must be registered. This is a team sport event therefore t-shirts are not given to participants. You may order t-shirts in advance to guarantee availability of in-stock sizes. EACH PARTICIPANT MUST CHECK IN AT THE COMMAND POST PRIOR TO THE FIRST GAME.

BILLIARDS — no age brackets, double elimination, men's and women's divisions. 8 ball and 9 ball, best 4 out of 7 games. No more than three minutes between shots. Participants will be responsible for table fees at venue.

BOWLING — no age brackets; mens and womens divisions. Singles, doubles, 4-person team. This is a scratch event which will consist of 5 games for each event. Medals will be awarded based upon total actual score of each event. Participants will be responsible for lineage fees at the bowling center. All rules will follow the USBC guidelines; USBC certified. In case of a tie for an event, the participant(s) will have a two frame roll-off (9th and 10th frames). If, after the roll-off, there is still a tie, the participant(s) will roll a one frame sudden death until a winner is determined.

BOXING — *Details to come.*

CHESS — 6 Rounds - Swiss System. No elimination. Chess clocks provided, please bring a set if you have one. Computerized pairings, standard tie-breaks if necessary. Time Limit – G/30. One half hour per player will be allotted for all moves of each game. USCF (U.S. Chess Federation) Official Rules of Chess apply.

CYCLING — Criterium: 35 minutes plus 2 laps; Road Race: 30 miles; Time Trial: 10 miles; Sprint: 1K. All cyclists must wear ANSI-approved head gear. Male and female divisions. Age brackets: 29 and under, 30-39, 40-49, 50 and older.

DARTS — Double elimination; steel tip darts. 301 singles and cricket, 501 doubles and cricket, 701 teams. Male and female divisions.

DUATHLON — 5K run, bike 12 miles, 5K run. Mass start; timed event. Riders must wear ANSI-approved helmets. This event will be ridden on public roadways, safety and traffic laws must be strictly obeyed. Age brackets: 29 and under, 30-39, 40-49, 50 and older.

FISHING — 2-Day Event – Bass only – large-mouth, spotted and small-mouth. Total weight for the 2 days will determine the winners. Normal bass tournament rules will apply; no live bait, 5 fish limit per day, can fish with a partner.

GOLF — Males only. Individual and 2-person team. Proper Attire required. Participants will be responsible for green fees at each course. U.S.G.A. rules apply. Scratch, 54 holes; best ball (2 person) and singles. Shotgun start for all courses.

ICE HOCKEY — U.S.A. Senior Hockey Rules. Must have a minimum of 4 teams to hold event. 2-day event. Minimum 6-person team, maximum 15 dressed players, maximum 20 rostered players. **Each player** must be registered. This is a team sport event therefore t-shirts are not given to participants. You may order t-shirts in advance to guarantee availability of in-stock sizes. EACH PARTICIPANT MUST CHECK IN AT THE COMMAND POST PRIOR TO THE FIRST GAME.

JUDO — IJF rules and regulations. Double elimination. 3 minutes per match. Weigh-ins will begin one hour prior to start time, at venue. Age, weight and experience will be used to determine divisions. Beginners and advanced are encouraged to participate. Weight classes: light, middle and heavy.

JUJITSU NO GI / SUBMISSION WRESTLING — There will be competition in submission wrestling. Age, weight and experience will be considered in setting up the divisions. Standard sport jujitsu tournament rules will apply. Male and female divisions.

K-9 — Patrol / Tactical; Narcotics / Explosives. Each event is scored separately. Narcotics searches – vehicles, building and lockers; Patrol Searches – article, apprehension, area and building

KARATE — All belt classifications in Kumite only. No age brackets in Kata, please indicate your rank (black belt, brown belt, etc.) and your class (chodan, 1st kup, 5 kup, etc.), weight and age. Modified Karate rules, weapons Kata and open hand Kata. Male and female divisions; 32 and under, 33 and older.

MOTOCROSS — MotoCross event will be held in conjunction with the Ohio Fire & Police Benefit Motocross races. Practice and races will be at AREA 330 Raceway in Carrollton, Ohio; AREA website: www.area330.com. For further information, please contact Brian Price, event coordinator – phone 330-472-2402 or e-mail bwp219@aol.com.

MOUNTAIN BIKE COURSE — 8 mile trail for both beginners and advanced riders. Must wear an ANSI-approved helmet during the race. Male and female divisions. Age divisions: 29 and under, 30-39, 40-49, 50 and over. Slower riders allow faster riders to pass when safe to do so. Prior to passing, pursuing rider must make clear audible intention to pass.

OBSTACLE COURSE – “SAFETY FORCES CHALLENGE” — The participant will start at the command of the starter. The event will be continuously timed until the last obstacle is completed. Male and female divisions. Age divisions: 29 and under, 30-39, 40-49, 50 and over. *Additonal details to come.*

PISTOL — Combat and PPC, Combat Steel and Bullseye.

PUMP AND RUN — Bench press followed by a timed 5K run on rolling terrain. Male and female divisions. Age divisions: 29 and under, 30-39, 40-49, 50 and over. There will be a weigh-in on the morning of the event. The amount that a contestant is required to bench press will be determined at that time. Males 39 years of age and under will bench press their body weight. Males (40-49 yrs) will bench press 90% of their body weight. Males (50-59 yrs) will bench press 80% of their body weight. Males over 60 will bench press 70% of their body weight. Women 39 years of age and under will bench press 70% of their body weight. Women(40-49 yrs) will press 60%. Women (50-59 yrs) will press 50%. Women over 60 will press 40% of their body weight. All athletes will reduce their running time by 30 seconds for each successful bench press. An athlete that presses his/her body weight 30 times will reduce his/her race time by 15 minutes.

RACQUET BALL — Male and female divisions. Singles, doubles, and mixed doubles. Double elimination. All players must wear eye protection.

RIFLES — *Details to come.*

SKEET — Singles – 100 birds Doubles – 100 birds thrown 2 at a time. Competitors are responsible for the cost of the birds at the venue. Participant must provide 12 gauge shotgun, or smaller, and must provide their own ammunition. Divisions: Individual/Single, Individual/Double, Team/Single, Team/Double, High Overall/Single, High Overall/Double.

SOCCER (INDOOR) — This will be double-elimination unless there are 7 or fewer teams registered then, a round-robin will be held. **Each player** must be registered. 6-person field, 12 maximum per team. Two 22-minute halves. 1 and 2 point goals can be awarded, no three line passes. USSF rules apply. This is a team event therefore t-shirts are not given to participants. You may order t-shirts in advance to guarantee the availability of in-stock sizes. EACH PLAYER MUST CHECK IN AT THE COMMAND POST PRIOR TO THE FIRST GAME.

SOFTBALL — If less than 6 teams will be a round robin format otherwise double elimination with a consolation bracket. USSSA rules; all batters start with 1-1 count; max 3 home runs per game, each additional home run is ruled out. One courtesy runner per inning, runner must be player which made last out. **Each player** must be registered. This is a team event therefore t-shirts are not given to participants. You may order t-shirts in advance to guarantee the availability of in-stock sizes. EACH PLAYER MUST CHECK IN AT THE COMMAND POST PRIOR TO THE FIRST GAME.

SPORTING CLAYS — Each shooter will attempt at 100 birds. Competitors are responsible for the cost of the birds at the venue. Participant must provide 12 gauge shotgun, or smaller, and must provide their own ammunition. Divisions: Individual, High Overall, Team.

SWIMMING — Five (5) events within this sport, plus two (2) relays. Warm-ups will begin at noon. Male and female divisions. Order of events – 200 yard medley relay, 200 yard freestyle, 200 yard individual medley, 50 yard freestyle, 50 yard back stroke, 50 yard breast stroke, 50 yard butterfly, 100 yard freestyle, 100 yard back stroke, 100 yard breast stroke, 100 yard butterfly, 100 yard individual medley, 500 yard freestyle, 200 yard freestyle relay. Note: pool distances measured in yards.

TENNIS — Singles, doubles, mixed doubles. Double elimination. USTA rules. Each match will consist of best two of three tie-breaker sets. Tie-breakers will be played when sets are tied at 6 games all. The 12 point tie-breaker will be utilized, first player to 7 points with a 2 point advantage. Male and female divisions. Age divisions: 29 & under, 30-39, 40-49, 50 & over.

TRACK AND FIELD — Discus, Javelin, Shot Put, Hammer Throw, Weight Throw, Super Weight, Throws Pentathlon, High Jump, Long Jump, Hurdles, 60m, 100m, 200m, 400m, 800m, 1500m, 3200m and 4x100m. Male and female classifications. U.S.A.T.F. Rules apply. Age divisions: 29 and under, 30-39, 40-49, 50-59, 60 and over.

TRAP — 100 birds each at 16 yards and 21 yards. Competitors are responsible for the cost of the birds at the venue. Participant must provide their own 12 or 20 gauge shotgun and must provide their own ammunition. Divisions: Individual, Doubles, Team, High Overall.

VOLLEYBALL — (**Outdoor**) 4 person and 2 person teams. Round robin format. Rally scoring to 21 points. Outdoor rules (no dinks). Divisions: Male – Doubles, Quads; Females – Doubles, Quads; Co-Ed: Doubles, Quads.

WEIGHT LIFTING EVENTS – Bench Press, Dead Lift, Powerlifting, Push/pull, Strict Curl. Male and female divisions; Single Ply Or Double Ply Or Raw.

ADDITIONAL NOTES:

- All participants should supply any and all protective gear necessary for their sports.
- A Round Robin format may be utilized in any team event where there are seven or less teams; double elimination may be utilized for eight teams or more. Event coordinator(s) will make determination.
- Some events have additional fees associated with them (which will be paid at venue), or age and/or weight categories that differ from those listed on page 3; check event descriptions or contact event coordinator with questions.
- Participants in all shooting events must supply their own ammunition and protective gear.
- Competitors in Duathlon, Cross Country (5-K), Cycling, 10-K, and Track & Field events: competitor numbers will be assigned and your number will be issued to you when you check in with the event coordinator at event location.
- Sunday competitors: For your convenience, you may sign in at the Command Post on Saturday between 4:00 and 6:00 p.m.. The Command Post will be manned on Sunday beginning at 6:00 a.m. for check-ins.
- Command Post will be manned daily Sunday through Thursday from 6:00 am to 6:00 pm; Friday 6:00 am til noon.
- Note: Should you have a protest in any event, protest must be made known to the event coordinator immediately after or during the event, and a written protest must be submitted to the event coordinator within one (1) hour of the completion of the game or event in question.

EVENT RULES

Specific rules pertaining to some events are posted here within the event descriptions; others may be posted at the website. All rules will be determined by The Ohio Police and Fire Games, using primarily NCAA guidelines, and may be available for review at Command Center or from event coordinator.

