

Event Descriptions

5-K MUSTER — Trumbull County FOP and Fire IAFF Lodges will host a special 5-K race Saturday, June 12th at 9:00 a.m. in downtown Warren at Courthouse Square. This race is open to the public, and there will be no advance registration for this event. Contact Don Hyde at dhyde454@aol.com for more information, or visit www.opaf5kmuster.com. Registration/flyer also available at www.TheOhioPoliceandFireGames.org.

3D ARCHERY — held at Wildwood Bowman on Adrian St., Delta, Ohio (located behind cemetery), Sunday, 6/13, from 9:00 AM - 1:00 PM. There will be 3 categories: (1) tradition, (2) hunter, (3) unlimited. There is a \$9.00 fee for the club that each participant must pay.

5-K CROSS COUNTRY RUN — all age brackets, male and female classifications. 3.1 miles on asphalt with rolling terrain.

10-K ROAD RACE — all age brackets, male & female classes. 6.2 miles road course on asphalt and rolling terrain.

ARM WRESTLING — *Details to come ...*

BASKETBALL (Men's) — no age brackets. 5-person team, maximum 12 per team. N.C.A.A. rules, 20-minute halves, running clock except last two (2) minutes. Double elimination. **Each player** must check in at the Command Post prior to game.

BASKETBALL / 3-on-3 (Women's) — no age brackets. Half court game. 3-person team, maximum 6 per team. Each player must have a white shirt and a dark shirt. Double elimination. **Each player** must check in at the Command Post prior to game.

BENCH PRESS, SINGLE PLY or DOUBLE PLY or RAW — Lifting event. All age brackets, all weight classes, male and female classifications, to be conducted in conjunction with power lifting. Wrist and knee wraps are permitted, elbow wraps are not permitted. May wear power shirt. Singlet required for bench press only. Weigh-in night before from 1700 to 1900 hours at the Command Post; or from 0800 to 0900 hours the day of meet, at the meet site.

BILLIARDS — no age brackets, double elimination. 8 ball and 9 ball, best 4 out of 7 games. No more than three minutes between shots.

BOWLING — no age brackets. Singles, doubles, 4-person team. Scratch, no handicap, 5 games per event.

CHESS — no age brackets. All players scheduled to play 6 games, no elimination. Pairing players from same department avoided if possible. U.S. Chess Federation rules, including the touch-move rule; no recording of moves required. Chess sets and some clocks provided; however, if you own a chess clock, please bring it. Games are designed to be completed in one hour. One half hour per player will be allotted for all moves of the game. Tournament director may place a clock on the game after 40 minutes to ensure completion of the game in one hour

CYCLING — all age brackets. Criterium (19 miles), Road Race (19 miles), Time Trial (10 miles), Sprint (1 km). All cyclists must wear ANSI-approved head gear. **CRITERIUM:** OAK OPENINGS INDUSTRIAL PARK; 30K (26 laps of Course). Oak Openings Industrial Park (the name recently changed to Westwind Business Center) can be found a couple of miles East of the Toledo Express Airport. Leave the toll road exit at the airport, going East toward Toledo. Take Eber Road (the first light after the airport) left to Geiser, then right on Commerce to a parking lot at OCP manufacturing company. **TIME TRIAL:** TIMBERSTONE JUNIOR HIGH SCHOOL; 10 Miles. Timberstone JHS is at the corner of Sylvania Avenue and Mitchaw Rd. in Sylvania Township. From Toledo, travel west on Sylvania Ave. **ROAD RACE:** 3 Laps of course (Otsego Pike south to Kellog; Kellog west to River Road (Rt.65); River Road along the river to Otsego Pike.) 27 miles total. **SPRINT:** 1k south on Otsego Pike. Otsego Park is at the junction of West River Road and SR235, about 6 miles SW of the Forst Road junction. Parking is in the parking lot for Otsego Park.

DARTS — no age brackets. Singles, doubles, mixed doubles. 4-person team, 301 singles and cricket, 501 doubles and cricket, 701 teams. Double elimination. Male and female. Steel tipped darts.

DEAD LIFT, SINGLE PLY or DOUBLE PLY or RAW — Lifting event. All age brackets, all weight classes, male and female classifications, to be conducted in conjunction with power lifting, one piece suit required. Squat/Dead Lift shirt allowed. Wrist and knee wraps are permitted elbow wraps are not permitted. Weigh-in the night before from 1700 to 1900 hours at the command post; and from 0800 to 0900 hours the day of the meet at the meet site.

DUATHLON — all age brackets, male and female class. Run 3 miles, bike 18.5 miles, run 3 miles. To be held at Olander Park, Sylvania.

FISHING — BASS and WALLEYE events. Your entry fee covers both Bass and Walleye Tournaments, so you can fish either one or both if you would like, just be sure to note it on your registration form. Award also will be given for the longest fish.

WALLEYE: Start time is 7:00 AM; teams of 2 to 4 members; each team will submit 6 fish, the total of the 6 fish determines the winner. Fishing allowed only in Ohio waters; Ohio state laws and Ohio Department of Natural Resources laws to be followed. Please be at the launch ramp and checked in by 6:45 AM.

BASS: This will be a one day, two man team Catch, Measure, and Immediate Release, "Paper" Tournament at the Elizabeth Park Marina on the Detroit River; held Wednesday, 06/16 from 7:00 AM-3:00 PM. Please be at the launch ramp and checked in by 6:45 AM.

GOLF — Individual and 2-person team. All age brackets. Males only. Scratch 54 holes, best ball, U.S.G.A. Rules. Proper attire required. **Monday, June 14th** – \$30.00 cash only driving range included – Carrington Golf Club, 911 St. James Park Ave., Monroe, MI 48161, (734) 241-0707, (888) 270-0707. Anybody coming in on Sunday can practice after 1pm. (mention the games and play for \$28.00). **Tuesday, June 15th** – \$50.00 cash only – Belmont Country Club, 29601 Bates Rd., Perrysburg, OH, (419) 666-0440. **Wednesday June 16th** – \$35.00 – Maumee Bay Golf Course, 1400 State Park Rd., Oregon, OH 43618-9532, Pro Shop Phone: (419) 836-9009.

ICE HOCKEY — U.S.A. Senior Hockey Rules. Minimum of 4 teams to hold event. 2-day event, no maximum number of players on team.

JUDO — Judo shall be conducted according to IJF rules and regulations. The tournament will be true double elimination with match length being 3 minutes per match. Weight classes will be light, middle and heavy; they will be based on number of and weights of participants on the day of the tournament. Weigh-ins will be at the competition site, starting one hour before competition begins and ending just prior to competition start. Time allowing, there will be an open category to determine grand tournament champion. In order to fight in this open class, a participant must have fought in one of the other weight classes. The tournament director reserves the right to change any and all rules according to need and safety purposes. Contact the coordinator for additional information.

JUJITSU / WRESTLING — Divisions will be determined by the number of participants. There must be four participants to have a division; possible divisions include Novice and Advanced. Age and weight classes. True double elimination will apply. Standard sport jujitsu tournament rules will apply, and experienced referees will be used. The tournament director reserves the right to amend rules or make changes as necessary the day of the competition; there may be rule modifications for safety purposes. Contact coordinator for additional information.

K-9 — this will consist of three parts: General Police Service Dog, Narcotics, and Explosive Detection. All events to be held at The Center for Emergency Preparedness (Owens Community College).

Under **General Police** there will be:

- A.) Tactical course with gunfire which will include
 - 1. Tactical obedience
 - 2. Weapon proficiency
- B.) Apprehension work which will include
 - 1. Apprehension
 - 2. Recall
 - 3. False start
 - 4. Handler protection
- C.) Overall will be combined score of tactical course and apprehension work.

Narcotics and Explosives each will consist of:

- A.) Vehicle search
- B.) Building search
- C.) School locker search
- D.) Overall is combined score of A, B, and C

Although Narcotics and Explosives will consist of the same criteria, they will be graded separately.

KARATE — age brackets: 32 and under, 33 and over. Weight classes. All belt classifications in Kumite only. No age brackets in Kata, modified Karate rules, weapons Kata and open hand Kata. Please indicate your rank (black belt, brown belt, etc.), your class (chodan, 1st kup, 5th kup, etc.), your weight and age on the front of the application.

MOTOCROSS — MotoCross will be held in conjunction with the Ohio Fire & Police Benefit Motocross races.

Practice and all races will be at AREA 330 Raceway in Carrollton, Ohio;

AREA website: www.area330.com.

For further information, please contact Brian Price, event coordinator – phone 330-472-2402 or e-mail bwp219@aol.com.

MOTORCYCLE “FUN RUN” — Event will begin at Command Post, Ramada Hotel. The Motorcycle “Fun Run” is being handled as a separate charity event. Cost will be \$25 for the bike and one rider; second rider is an additional \$10.00. Cost will include one T-Shirt per rider IF registered by June 1. Details of the route will be posted when they are finalized.

OBSTACLE COURSE – “SAFETY FORCES CHALLENGE” — Event to consist of: 1) walking up 3 flights of stairs with one 25 lb. kettle bell in each hand; 2) raise 25 lb. weight from ground to window of tower on 3rd floor; 3) flip truck tire end over end five times; 4) lift six kettle bells from ground up onto a 36” platform: sizes of kettle bells are 35, 45, 55, 65, 70 and 80 lbs; 5) farmers walk, weighing 80 lbs each, walk 20 yards carrying them; 6) pull a 100 lb. sled for 20 yards. Obstacle course will be held Monday 9:00-11:30 for ages 39 and under; 11:30-2:00 for ages 40 and over. There will be two weight classes: 215 lb. and under, or 216 lb. and over. Men will compete against men; women will compete against women. Standard age divisions. To be held at The Center for Emergency Preparedness (Owens Community College).

PISTOL — Pistol events will be held at Toledo Police Department Range

PPC COURSE OF FIRE. New classes go by age groups and pistol/revolver. Individual and two man teams only. (no 4 man teams this year) Match course of fire for the NRA 1500 course: 7 yards – standing – 12 rounds - 20 seconds; 15 yards – standing – 12 rounds - 20 seconds; 25 yards – 18 rounds – 90 seconds; kneeling – 6 rounds; L.H. barricade – 6 rounds; R.H. barricade – 6 rounds; 25 yards – standing – 12 rounds – 35 seconds (twice); 50 yards – 24 rounds – 2 minutes, 45 seconds; Sitting – 6 rounds; Prone – 6 rounds; L.H. barricade – 6 rounds; R.H. barricade – 6 rounds; Repeat 7 yards – 12 rounds, 25 yards - 18 rounds, 50 yards – 24 rounds; Also 25 yards – standing – 6 rounds – 12 seconds for a total of 150 rounds

BULLS EYE COURSE OF FIRE. Classes are by age groups, individual and 2 man teams only.

NRA BULLSEYE PISTOL. NRA Bullseye Pistol National Match Course events are shot with Service Pistol and have three standing-position stages: Slow Fire: 50 yards, 10 shots in 10 minutes; Timed Fire: 25 yards, two five-shot strings, each in 20 seconds; and Rapid Fire: 25 yards, two five-shot strings, each in 10 seconds with .45 caliber Service Pistol, any center fire pistol, and .22 rim fire pistol.

COMBAT PISTOL and STEEL CHALLENGE. Course of fire will be finalized at later date. Plan on at least 4 different courses of fire with lots of moving and shooting. Classes are by age groups and pistol/revolver/sub gun. Bring at least 4 mags and 150 rounds of ammo. Call coordinator for exact course of fire.

PISTOL CLASSIFICATIONS:

PPC, BULLS EYE: Pistol or Revolver; Individual or 2-Man Team; Male or Female; (Spouse or Special);
Age brackets: 29 and under, 30-39, 40-49, 50-59, 60-69, 70 and over

COMBAT PISTOL: Pistol, Revolver, Sub-Gun; Individual or 2-Man Team; Male or Female; (Spouse or Special);
Age brackets: 29 and under, 30-39, 40-49, 50-59, 60-69, 70 and over

STEEL CHALLENGE: Pistol, Revolver, Sub-Gun; Individual or 2-Man Team; Male or Female; (Spouse or Special);
Age brackets: 29 and under, 30-39, 40-49, 50-59, 60-69, 70 and over

POWERLIFTING, SINGLE PLY or DOUBLE PLY or RAW — All age brackets, all weight classes, male and female classifications. Squat, bench press and dead lift. One-piece suit required, can use power shirt/suit. Wrist and knee wraps are permitted, elbow wraps are not permitted. Squat, bench press, dead lift; weigh-in night before from 1700 to 1900 hours at the Command Post; or from 0800 to 0900 hours day of meet at the meet site. A.P.F. rules.

NOTE: ALL POWER LIFTING EVENTS — The weight lifting events will be sanctioned by APF. Participants will be allowed to compete for State and American records in APF, as well as Ohio Police and Fire Games records. Since APF allows for double bench shirts and squat dead lift suits, we will have expanded categories; there are separate categories for single ply and double ply. If you would like to compete for an APF record, you will have to have a current APF card. Currently the cards are \$30 per year. You will be able to sign up at weigh-ins or at the meet if you wish to attempt to set a record in APF. Do not send the money for the APF cards with your entry forms – ***this must be handled separately.***

Some of the weight categories also have changed, so take care when completing your entry form as there are now separate divisions for single ply and double ply in four lifting groups (except strict curl). The double ply categories constitute four additional lifting events and are charged accordingly. For more information, contact Jim Wetenhall by phone at 419-885-5546, or by e-mail at jwetenhall@buckeye-express.com

PUSH/PULL, SINGLE PLY or DOUBLE PLY or RAW — Lifting event. All age brackets, all weight classes, male and female classifications. This is combination of bench press and dead lift only. To be conducted in conjunction with power lifting, singlet required for bench press only. May wear power shirt. Wrist and knee wraps are permitted, elbow wraps are not permitted. Weigh-in night before from 1700 to 1900 hours at the Command Post; or from 0800 to 0900 hours the day of meet at the meet site.

RACQUET BALL — all age brackets, male and female classifications, singles, doubles, mixed doubles. First round double elimination. All racquet ball players must wear eye protection.

RIFLES — Rifle events will be held at Southern Michigan Sportsman's Club

SMALL BORE RIFLE. Course of fire is 10 shots prone, standing and kneeling at 50 yards.

Classes are by age groups and iron sights/scope. Individual and 2 man teams only.

TACTICAL RIFLE. Classes are by age groups, and minor/major caliber, iron sights, optics (eotech/aim point) and scoped. Also a scoped bolt action class. Course of fire will be finalized at later date. Scoped bolt action class will be around 20 rounds minimum, major/minor will be around 60 rounds minimum.

NOTE: If there is enough interest we will be offering a 2 man "tactical challenge" on Thursday afternoon. Equipment needed will be: gas mask, pistol with at least 3 mags (30-45 rounds). M4 type carbine with at least 3 mags. This will be a 5 stage continuous moving course of fire. Call or e-mail rifle coordinator for questions.

BIG BORE RIFLE. Classes are by age groups, and iron/scopes. Course of fire – Standing, 200 yds., slow-fire (10 shots in 10 minutes); Sitting or kneeling, 200 yds., rapid-fire (10 shots in 60 seconds); Prone, 300 yds., rapid-fire (10 shots in 70 seconds); Prone, slow-fire, (20 shots in 20 minutes)

RIFLE CLASSIFICATIONS:

SMALL BORE RIFLE — Iron sights or scope; Individual or 2-Man Team; Male or Female; Spouse or Special; Age brackets: 29 and under, 30-39, 40-49, 50-59, 60-69, 70 and over

TACTICAL RIFLE — Major (.30 cal.) or Minor (5.56); Iron sight, optic, scope, Scoped bolt action; Male or Female; Spouse or Special; Age brackets: 29 and under, 30-39, 40-49, 50-59, 60-69, 70 and over

TWO MAN TEAM TACTICAL CHALLENGE — Major (.30 cal.) or Minor (5.56); Iron sight, optic, scope

BIG BORE RIFLE — Iron sight or scope; Male or Female; (Spouse or Special); Age brackets: 29 and under, 30-39, 40-49, 50-59, 60-69, 70 and over

SOCCER (INDOOR) — no age brackets, 6-person field, maximum 12-person team. Note: 7 teams or less, Round Robin; eight teams or more, double elimination. Two 25-minute halves. USSF rules apply. Team captains will be furnished set of rules upon request.

SKREET — no age brackets. Individual, 5-person team. 100 birds American skeet, 50 pair doubles. Male and female classes. No ghost shooters.

SOFTBALL — no age brackets, 10-person teams, maximum 20-person team. Softball will be played under ASA rules, double elimination. 2-day event, 3-day if necessary. Home run limit, 3 home runs per team per game. Certified bats per ASA rules. In case of rain, Texas Shootout. Games will start at 0900 hours. Each player must check in at the Command Post prior to start of game.

SPORTING CLAYS — no age brackets, individual and/or team. 100 Clay birds, 10 stations with 2 rounds of 50 birds each. Team scores will be the average scores of all team members. Teams consist of minimum of 2 shooters. No ghost shooters.

STRICT CURL — Lifting Event. All age brackets, all weight classes, male and female classifications. Shoulders and buttocks against a wall, bar hanging arms length in front of body. Command is given to curl. While curling, shoulders and buttocks must stay in contact with wall. Command is given to set bar down.

SWIMMING — all age brackets, five (5) events within this sport, plus two (2) relays. Male and female classifications. Order of events – 200 meter medley relay, 200 meter freestyle, 200 meter individual medley, 50 meter freestyle, 50 meter back stroke, 50 meter breast stroke, 50 meter butterfly, 100 meter freestyle, 100 meter back stroke, 100 meter breast stroke, 100 meter butterfly, 100 meter individual medley, 500 meter freestyle, 200 meter freestyle relay.

TENNIS — all age brackets, male and female classifications. Singles, doubles, mixed doubles, double elimination, USTA rules.

TRACK AND FIELD — all age brackets, male and female classifications. U.S.A.T.F. Rules apply. FIELD EVENTS in order of events – Open Pit Long Jump (6 jumps); High Jump (6 jumps); Weight Pentathlon: Hammer, ShotPut, Discus, Javelin, Weight and Super Weight Throws. Mandatory check in for competitors at 0800 hours for field events. TRACK EVENTS begin at 11:30 with the 3200; Beginning at 1:30, events follow – 60, 100, 800, 200, 400, 1500, 4x100 Relay, Sprint Medley (100, 100, 200, 400), 4x400 Relay. Age brackets and weights/superweights for Pentathlon: Women – 49 & below, 20lb/35lb; 50-59, 16lb/25lb; 60-69, 12lb/25lb; 70-79, 12lb/25lb; 80+, 12lb/20lb. Men – 49 & below, 35lb/56lb; 50-59, 25lb/56lb; 60-69, 20lb/44lb; 70-79, 16lb/35lb; 80-89, 12lb/25lb. Added: 60-yard Hurdles, height set based on age (contact event coordinator for details). To be held at University of Toledo.

Track & Field is adding a special non-police/fire event for USTAF card-holders; includes T-Shirt & Medals.

Contact event coordinator for details: Jim Wetenhall, Toledo Fire Department email: jwetenhall@buckeye-express.com phone: 419-283-9890

TRAP — no age brackets. Individual and 5-person teams. 100 birds 16 yards / 100 birds 21 yard handicap / 50 pair doubles 16 yards. No ghost shooters.

ADDITIONAL NOTES:

- All participants should supply any and all protective gear necessary for their sports.
- A Round Robin format may be utilized in any team event where there are seven or less teams; double elimination may be utilized for eight teams or more. Event coordinator(s) will make determination.
- Participants in all shooting events must supply their own ammunition and protective gear.
- Competitors in Duathlon, Cross Country (5-K), Cycling, 10-K, and Track & Field events: competitor numbers will be assigned when your entry is received, and your number will be issued to you when you check in. You must stop in the command post and register prior to going to your event so you will have your number.
- Sunday competitors: For your convenience, you may sign in at the Command Post on Saturday between 1:00 and 5:00 p.m.; however, the Command Post will be manned on Sunday beginning at 6:00 a.m. for check-ins.
- Note: Should you have a protest in any event, protest must be made known to the event coordinator immediately after or during the event, and a written protest must be submitted to the event coordinator within one (1) hour of the completion of the game or event in question.

EVENT RULES

Rules pertaining to some events are listed at website. All rules will be determined by event coordinator of each event and may be available for review at Command Center.